

HAVE YOU HAD A LUNG ATTACK?

AN ATTACK OF BREATHLESSNESS

An important and achievable goal in the management of COPD is to decrease the frequency and reduce the severity of COPD flare ups*

Are you at risk for a COPD ‘flare up’ or exacerbation?

Please answer the following questions based on your experiences over the last two years:

Have you recently been to the Emergency Department or been hospitalized due to an episode of breathlessness? Yes ___ No ___

Over the last two years have you had a course of antibiotics or prednisone (oral corticosteroids) due to a lung infection? Yes ___ No ___

Have you recently experienced an increase in symptoms of breathlessness and/or coughing? Did this result in a significant increase in your use of your rescue inhaler? Yes ___ No ___

If you’ve indicated YES to any of these questions you should speak to your family doctor. Your doctor can advise you to help prevent flare ups of COPD symptoms.

- Approximately how many exacerbations (lung attacks) do you experience each year? ___
- How are these typically treated?

- What options have you been provided with to prevent exacerbations (lung attacks)?

- Please provide your age range: 40 -50 ___ 50-60 ___ 60-70 ___ over 70 ___
- Gender: Male ___ Female ___

*CTS Position Statement: Pharmacotherapy in patients with COPD, an update. Canadian Journal of Respiratory, Critical Care, and Sleep Medicine. 2017